

St Benedict's Parish

Arcadia



PARISH Masses

Weekend:

Saturday 7:00pm Vigil
Sunday 9:00am
Sunday 10:30am

Weekday:

Mondays to Thursdays 9:30am
Fridays 6.30pm Adoration
7:00pm Mass & Confession
(Reconciliation)
Saturdays 10am to 11am
Adoration & Confession
(Reconciliation)

MONASTERY CHAPEL Masses

Sundays 7:00am
Daily 7:00am

Please contact Father Shansana for the following:

BAPTISMS
RECONCILIATION
FOR THE SICK
MARRIAGES
FUNERALS

Fr Shansana: 0437 884 233

SIXTEENTH SUNDAY IN ORDINARY TIME

Year C
16 & 17 July 2022

ENTRANCE ANTIPHON

See, I have God for my help.
The Lord sustains my soul.
I will sacrifice to you with willing heart,
and praise your name, O Lord, for it is good.

SUNDAY HOLY MASS PRAYER

Let us pray:

Show favour, O Lord, to your servants and mercifully increase the gifts of your grace, that, made fervent in hope, faith and charity, they may be ever watchful in keeping your commands. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

DISTRACTIONS IN LIFE

Today's Gospel reading is about Martha and Mary. Mary was sitting with Jesus listening to him while Martha is busy working away and frustrated with her sister for not helping.



How are you seeking to honour Jesus?

Do you sometimes find yourself busy, upset, and troubled like Martha?

What can you do in your daily life that would make you more like Mary?

Prayer:

*Lord, when I look at my own life, I'm often too busy to just listen to you. I'm always wanting to be doing something. I have trouble sitting still before you. Please forgive me for my restlessness. Forgive me for putting my agenda before yours. Help me to listen with open ears and a focused and attentive mind to what you want to teach me today. **Amen.***

First Reading**Genesis 18:1-10 (JB)**

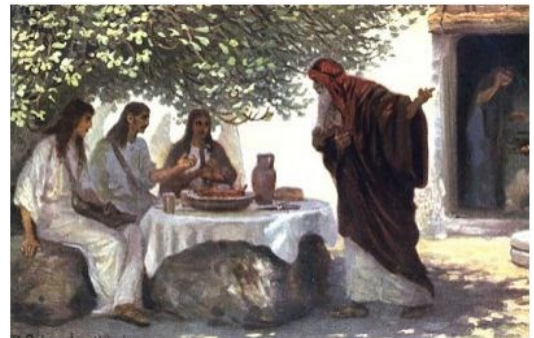
A reading from the book of Genesis

Lord, do not bypass your servant.

The Lord appeared to Abraham at the Oak of Mamre while he was sitting by the entrance of the tent during the hottest part of the day. He looked up, and there he saw three men standing near him. As soon as he saw them he ran from the entrance of the tent to meet them, and bowed to the ground. 'My Lord,' he said 'I beg you, if I find favour with you, kindly do not pass your servant by. A little water shall be brought; you shall wash your feet and lie down under the tree. Let me fetch a little bread and you shall refresh yourselves before going further. That is why you have come in your servant's direction.' They replied, 'Do as you say.'

Abraham hastened to the tent to find Sarah. 'Hurry,' he said 'knead three bushels of flour and make loaves.' Then running to the cattle Abraham took a fine and tender calf and gave it to the servant, who hurried to prepare it. Then taking cream, milk and the calf he had prepared, he laid all before them, and they ate while he remained standing near them under the tree.

'Where is your wife Sarah?' he asked him. 'She is in the tent' he replied. Then his guest said, 'I shall visit you again next year without fail, and your wife will then have a son.'

The word of the Lord.**Thanks be to God.****Responsorial Psalm:****R. The just will live in the presence of the Lord.****Second Reading****Colossians 1:24-28 (JB)**

A reading from the letter of St Paul to the Colossians

The mystery hidden for centuries has now been revealed to his saints.

It makes me happy to suffer for you, as I am suffering now, and in my own body to do what I can to make up all that has still to be undergone by Christ for the sake of his body, the Church. I became the servant of the Church when God made me responsible for delivering God's message to you, the message which was a mystery hidden for generations and centuries and has now been revealed to his saints. It was God's purpose to reveal it to them and to show all the rich glory of this mystery to pagans. The mystery is Christ among you, your hope of glory: this is the Christ we proclaim, this is the wisdom in which we thoroughly train everyone and instruct everyone, to make them all perfect in Christ.

The word of the Lord.**Thanks be to God.****Gospel Acclamation**

Alleluia, alleluia!

Happy are they who have kept the word with a generous heart and yield a harvest through perseverance.

Alleluia!

GOSPEL**Luke 10:38-42 (JB)**

A reading from the holy Gospel according to Luke

Martha took up the duties in the house. Mary chose the better part.

Jesus came to a village, and a woman named Martha welcomed him into her house. She had a sister called Mary, who sat down at the Lord's feet and listened to him speaking. Now Martha who was distracted with all the serving said, 'Lord, do you not care that my sister is leaving me to do the serving all by myself? Please tell her to help me.' But the Lord answered: 'Martha, Martha,' he said, 'you worry and fret about so many things, and yet few are needed, indeed only one. It is Mary who has chosen the better part; it is not to be taken from her.'

The Gospel of the Lord.**Praise to you, Lord Jesus Christ.**

GOSPEL REFLECTION

17 Sunday, July 17

Genesis 18:1-10

Psalm 15:2-5

Colossians 1:24-28

Luke 10:38-42

The LORD appeared to Abraham. . . (Genesis 18:1)

Isn't it mysterious? Genesis 18:1 tells us that "the LORD appeared to Abraham." But then, Abraham sees "three men" (18:2). The visitors are later identified as angels . . . but one seems to be the Lord himself (18:20-22). It's hard to know exactly what Abraham saw and when he realized he was in the presence of almighty God.

Here's another mystery: this same Lord will be with everyone gathered at every Mass today. We will hear his voice in the readings and see him in the unlikely appearance of bread and wine. So let's take a look at how Abraham responded to God's presence to see how we can respond today.

First, Abraham gave God his *full attention*. He stopped what he was doing and "ran" to meet God (Genesis 18:2). As Mass begins, you can imitate Abraham as you try to put aside distractions and give your full attention to the Lord.

Next, he *bowed down*. While this might have been a traditional greeting, it also showed that Abraham recognized his visitors' dignity. Imagine yourself bowing low as you pray the Gloria and praise God in the Responsorial Psalm.

Then, Abraham offered to God *the best he had*—fine flour and a choice steer. When the gifts are brought to the altar, you can offer your life to the Lord. Give him your love and fidelity.

Finally, Abraham *waited on his guests*. That's something you can do after Holy Communion, as you pray quietly in adoration. Enjoy your time with the Lord and listen to him.

So when you come to Mass, remember Abraham. Let the mysterious, surprising presence of God fill you with reverence and generosity. Offer him your attention, your worship, the best of who you are. As you do, you'll come to see him more and more clearly. Just like Abraham.

"Lord, you reveal yourself to me in mystery. Help me to respond to you wholeheartedly!"

(Source: Word Among Us India Pg32)

LITURGICAL FEASTS AND EVENTS OF THE WEEK

Monday	Readings: Micah 6:1-4, 6-8. Mt 12:38-42
Tuesday	Readings: Micah 7:14-15, 18-20. Mt 12:46-50.
Wednesday	<i>St Apollinaris, bishop, martyr</i> Readings: Jer 1:1, 4-10. Mt 13:1-9.
Thursday	<i>St Lawrence of Brindisi, priest, doctor</i> Readings: Jer 2:1-3, 7-8, 12-13. Mt 13:10-17.
Friday	Readings: Song 3:1-4 or 2 Cor 5:14-17. Jn 20_1-2, 11-18.
Saturday	<i>St Bridget, religious</i> Readings: Jer 7:1-11. Mt 13:24-30.

Source: Ordo 2022

POPE FRANCIS' PRAYER INTENTION FOR JULY 2022

FOR THE ELDERLY

We pray for the elderly, who represent the roots and memory of a people.

May their experience and wisdom help young people to look towards the future with hope and responsibility.



THE RULE OF ST BENEDICT

Chapter 4

To pray for one's enemies in the love of Christ.

PARISH FUNDS

Your support as always is much appreciated. For those wanting to make payments directly to our bank account here are the details:

PLEASE NOTE NEW BANK DETAILS

Bank Details for ONLINE only donations:

BSB: 062 784

Acct: 100002141

Name: Catholic Parish of Arcadia Bank:
CBA—Catholic Development Fund

BIRTHDAY WISHES

Wishing **Brother Terry** a very happy birthday!

God bless you on your birthday
and keep you healthy always!



Happy
Birthday



*Cry of the Earth,
Cry of the Poor*

—Social Justice Statement 2021-22—



Putting Rungs on the Ladder
Tri-Diocesan Social Justice Reflection Evening

Featuring:



Bishop
Vincent Long OFM Conv



Thuy Linh Nguyen
(Sydney Alliance)



Diocese of Parramatta Laudato Si' Action Team

WEDNESDAY 20 JULY | 6-9PM

OUR LADY OF LOURDES PARISH HALL 7 GRANTHAM RD, SEVEN HILLS
(DINNER INCLUDED)

REGISTER HERE: www.parracatholic.org/tri-diocesan/

Registration Closes 13 July



WORLD YOUTH DAY LISBON 2023

Thinking about World Youth Day 2023?

Bishop Anthony Randazzo is inviting young people of the Diocese to join him on an experience of a lifetime.

Go on pilgrimage to Italy to see the homes and sites of the saints, and on to Lisbon, Portugal to join youth from around the world for WYD23. Check out the CYBB WYD website for further information and subscribe to join the mailing list to start your journey.

<https://bbwyd.org.au/>

ENGAGED ENCOUNTER

Got your wedding plans under control?

How prepared are you for marriage? Engaged Encounter provides you with deeper insights into each other and into married life. We give you a chance to spend time together to strengthen and enrich your relationship.

For further information visit our web site:

www.engagedencounter.org.au

Choose any of the coming Weekends:

Aug 06-07, Nov 12-13, Feb 25-26



9488 2500
www.catholiccaredbb.org.au

When you have a NDIS plan you can choose the providers that you want. However, it can be a bit tricky getting things organised. That's where Support Coordination can help to connect you to mainstream and specialist services that are funded under your plan. Support Coordination is allocated as part of a funded plan. CatholicCare is a registered provider of Support Coordination for the NDIS. We can support you to get the most out of your plan and help you understand how your plan works. For more information call us today on 9488 2500 or visit www.catholiccaredbb.org.au.

In Our Parish

We welcome into God's family, all who were recently baptised.

We pray for the sick of our Parish, especially **Brother Mario, Leanne Miller (Leonie's daughter), and Mary Camilleri.**

We remember in our prayers all our dearly beloved who have died, especially:
Lyla Abood...may they Rest in Peace.



DRAFT ROSTER NOW AT SACRISTY WINDOW

JULY 22ND, 2022 6PM
HOLY HOUR FOR VOCATIONS
&
DISCERNMENT EVENING
HOLY NAME PARISH WAHROONGA



**DISCERNMENT: AWARENESS,
UNDERSTANDING & ACTION.**
with Fr Paul Durkin

FR PAUL DURKIN

Parish Priest of Holy Name Parish
Wahroonga
Director of Vocations

6 PM ADORATION & EXPOSITION OF
THE BLESSED SACRAMENT & PRAYER
FOR VOCATIONS.
7 PM DINNER & TALK.

vocations.ministry@bbcatholic.org.au

HOLY NAME PARISH
35 BILLYARD AVE
WAHROONGA, NSW 2076

TO RSVP EMAIL OR CALL: PH: 0418 522 449

CATECHIST NEWS

Term 3 starts this week. SRE (Scripture) classes will recommence the first week of term for Glenorie, Hillside and Middle Dural schools and the second week of term for Arcadia and Galston schools.

A free training day for Catechists has been organised in the parish on Friday 29 July with Lesson Planning:

Teaching the Authorised Curriculum 9:30am – 12 noon
and Classroom Management 12:45pm – 2:45pm. Please ensure you RSVP to me prior to this day.

God bless,
Miriam Brown srearcadia@gmail.com
Parish Catechist Coordinator



ROBERT M. HADDAD

**1001
REASONS
WHY IT'S GREAT
TO BE
CATHOLIC!**

Join Our Parish Conference
with Apologist Dr Robert Haddad

Saturday, 23 July 2022
First Talk @ 11:00am
Harrington Hall, 94 Archer Street
Our Lady of Dolours Parish, Chatswood



Register By 15th July On Trybooking.com

ONLINE RETREAT: REFRESHED & RENEWED

Join "Refreshed and Renewed", a 3-day online retreat featuring talks by Fr James Mallon, Dr Ed Sri, and other national and international speakers plus panels, workshops, prayer and worship.

Date: 28-30 July 2022

<https://www.divinerenovation.org/refreshed-renewed>

SACRAMENTAL PROGRAM 2022/2023

SACRAMENT OF CONFIRMATION

Just a reminder that classes commence:

Monday 18th of July 4.15pm for Group 1

Wednesday 20th of July 5.30pm for Group 2

For more information please contact Paula on 9653 2312



CCC PRAYER GROUP

Prayer meeting held every

Friday nights: after 7pm Mass

Wednesday mornings: after 9.30am Mass.

Everyone welcome. **Come and meet new people.**

For more details call Mary Camilleri on 0403 116 987.



AID TO THE CHURCH IN NEED AUSTRALIA

ACN is the Pontifical Foundation dedicated to supporting the suffering and persecuted Church.

The diocese of Huancavelica is one of the poorest in Peru. Until recently the people here have had little spiritual formation and infrequent visits from a priest since the villages are far apart. Two priests are managing to visit every village once a month, celebrating Holy Mass, administering the Sacrament of the sick, and preparing people for the reception of the Sacraments. This pastoral care is now bearing fruit, and more and more Catholics are returning to the practice of their faith, but a robust all-terrain vehicle would make it much easier for these priests to minister more intensively to the Catholic faithful in Peru.



Aid to the
Church in Need
ACN AUSTRALIA

Can you provide transport so priests can reach the faithful in Peru? Visit: www.aidtochurch.org/

ITALIAN ROSARY GROUP

Every Monday 2.00pm.

Everyone welcome.

For more details call Angela Egiziano.

Ph: 9653 2312.



VOX POPULI - THE VOICE OF THE PEOPLE

PLENARY COUNCIL

13 July 2022

Members of the Fifth Plenary Council of Australia met for a final session last weekend to bring to a conclusion the second general assembly, held across six days in Sydney.

In addition to celebrating the final Mass on Saturday morning, Members also approved a concluding statement, reflecting on the discernment that took place during their week together.

The statement said there had been an “expression of synodality that Pope Francis has identified as a key dimension of the Church’s life in the third millennium”.

While some moments during the week had been “calm and harmonious”, the statement also acknowledged there were times that were “tense and difficult”, however “every moment has been blessed, the entire week has been grace-filled, though never a cheap grace. The Holy Spirit has been both comforter and disrupter”.

Attending the Council with Bishop Anthony Randazzo were the Vicar General of the Diocese, Very Rev Dr David Ranson; Chancellor Kelly Paget; Diocesan Director of the Confraternity of Christian Doctrine, Alison Newell; Director, Catholic Schools Broken Bay, Danny Casey and Hornsby Cathedral parishioner, Raj Rajasingham.

Bishop Anthony said after the closing Mass while there were tense and challenging times, the Holy Spirit was very much alive in the room during the Council and there was great energy.

Danny Casey said; "The Plenary was called to strengthen the faith life in Australia and to find new ways of bringing all closer to Christ. This must remain our focus.

The journey has been a memorable experience with good discussion among those who love the Church.” He said all new proposals need to be assessed against the main purpose – bringing people closer to God and His Church.

After nearly four and a half years in preparation, on Saturday morning Council Members confirmed the decrees of the Fifth Plenary Council of Australia, which were then signed by all bishops present. After the November meeting of the Australian Catholic Bishops Conference, the decrees will be sent to the Holy See.

Full details of the Plenary Council can be found at <https://plenarycouncil.catholic.org.au/>



SAINT OF THE WEEK

Saint Bridget of Sweden, Religious

Feast Day: July 23

C. 1303-1373

Patron Saint of Europe, Sweden, and widows

A royal widow's visions awe the masses



Upon entering the baroque Basilica of Saint John Lateran in Rome, on the first pillar to the right, is a fragment of a medieval fresco by the master Giotto. It is incongruous with the style of the rest of the often restored Basilica. The fresco has been preserved, partial but unchanged, because of its historical importance. It depicts Pope Boniface VIII proclaiming the first Jubilee Year in 1300. That Jubilee, and its indulgences, brought so many pilgrims to Rome that the original intention to celebrate a Jubilee every one hundred years was reduced to every fifty years. 1350, then, saw the second great Jubilee. Ironically, the Pope was living in Avignon at the time. For political reasons, he was unable to visit the eternal city during the very Jubilee he had called. Among the throngs of pilgrims who did swamp Rome in 1350, however, was today's saint. Saint Bridget made the grueling journey from far away Sweden. Unlike a typical pilgrim, however, she did not return home after earning her indulgence. Rome became her new home and the platform that made her, and her writings, famous. Bridget only returned to her birthplace twenty-three years later, when her daughter Catherine, also a canonized saint, carried her mother's remains triumphantly back to Sweden. They rest today in a secular museum which, before the Reformation, had been the first monastery Bridget founded.

The details of the first half of the life of Saint Bridget of Sweden evoke a place long lost to history—Catholic Scandinavia. For hundreds of years, the true faith thrived in these lands and incubated great saints such as Bridget. She was married at the age of thirteen and lived happily with her husband for twenty-eight years, bearing eight children. They were a pious couple, even completing the famous pilgrimage to the Shrine of Santiago de Compostela in Spain. But her husband died while Bridget was only halfway through her life's journey. Bridget then spent three years in mourning in a Cistercian monastery. During this period, the spiritual visions she had experienced throughout her life increased in number and vivacity.

After a particularly powerful vision in 1346, she founded the monastery that would eventually be her burial place. But it wasn't built to house an existing order. Responding to the words of Jesus, Bridget wanted to reform monastic life by founding a new congregation, the Order of the Most Holy Savior, or the Bridgettines. The Rule for the new order was revealed to her throughout numerous and detailed visions. The Order was based on the Rule of Saint Benedict and was approved by the Pope only near the end of Bridget's life. The Bridgettine Order spread throughout Europe and is found in numerous countries today, due largely to its founder's incredible spiritual visions.

Saint Bridget, like Saint Catherine of Siena, labored to convince the popes to return to Rome from Avignon. She invoked the Lord's opinions about the papal exile as He expressed them in her visions. One letter she wrote to the pope was so strongly worded that her envoy refused to read it when he was in the Holy Father's presence. An Italian woman Bridget had become friends with during the Jubilee of 1350 donated a large palace in central Rome to Bridget. Saint Bridget and her sisters established their Roman foundation in that centrally located palace and within its walls Saint Bridget died. A Bridgettine convent occupies the very same building today, and preserves the founder's rooms as well as a relic of Bridget and her saintly daughter.

Saint Bridget was canonized eighteen years after her death, in 1391, due to her Christian virtue, her deep and sincere piety, her life of strict poverty and assistance to the poor, her devotion to the Virgin Mary, and her many pilgrimages to the shrines of the saints. She was a saint who loved saints. But she became famous for other reasons—mainly because of her intense, highly detailed, and provocative spiritual revelations. The revelations were written down in both Swedish and Latin, translated into multiple languages, and then diffused throughout Europe. Christ's arresting words on death and judgment, heaven and hell, and right and wrong sparked the imaginations of all who read Saint Bridget's writings. Saint Pope John Paul II named Saint Bridget a co-patron of Europe in 1999.

Saint Bridget, may your example of poverty, devotion, and prayer be an example to all who seek to live a life in Christ, and may your writings fire our imaginations to burn ever hotter and brighter with love of God. Amen.

**DRAFT ROSTER NOW AT SACRISTY WINDOW
PLEASE CHECK DATES ARE SUITABLE FOR YOU**

Parish Roster

NEXT WEEKEND'S ROSTER 23/7/22 to 24/7/22 17th SUNDAY in ORDINARY TIME Year C		
	Saturday 7pm	Sunday 9am
Acolyte		Lorraine Dailey
Reader1	Mary Cascun	Gebran Azzi
Reader2	Maria Gambino	Ann Lomas
Prayers	Sr Carol Tomlinson	Peter Goodwin
TV		Joshua Azzi
Music		Takchi family
Music		Takchi family
Music		
Music		
Morning Tea		Robin Barbara

Thank you to all our volunteers, we really appreciate it! If anyone would like to join our parish roster please contact the parish office. We would love the extra help!

ACKNOWLEDGMENT

We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.

SAFEGUARDING MISSION STATEMENT

We the people of St Benedict's Parish are committed to fostering a community of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.

If you have a concern for the safety and wellbeing of a child, young person or vulnerable adult, tell someone who can help.

These people in our parish can help:

Fr Shansana 0437 884 233, Lorraine Dailey 0416 081 882, Office for Safeguarding 8379 1605.

Office Hours:

Mondays & Fridays 9.30am to 2.30pm

Parish Office: 9653 2312

Parish Administrator:

Fr Shansana Samarasinghe OSB

Email: sanshanasamarasinghe@yahoo.com

After hours: 0437 884 233

Email: arcadia.parish@bigpond.com

Postal address: 121 Arcadia Rd, Arcadia NSW 2159

Website:

www.bbcatholic.org.au/arcadia

Facebook:

stbenedictsarcadia

Address:

**2 Fagans Road,
Arcadia NSW 2159**

Monastery:

9653 1159

Bank Details for ONLINE only donations:

BSB: 062 784

Acct: 100002141 (NEW BANK DETAILS)

Name: Catholic Parish of Arcadia Bank:

CBA—Catholic Development Fund

For all parish Occupational Health & Safety and Safeguarding Children matters Contact: